

# Passage of Scripture:

**READ: Jeremiah 5:22**

"Do you not fear me? declares the Lord. Do you not tremble before me? I placed the sand as the boundary for the sea, a perpetual barrier that it cannot pass; though the waves toss, they cannot prevail; though they roar, they cannot pass over it."

**Other Verses:** Set an Example (1 Timothy 4:12), Saltiness (Mark 9:50), A Joyful Heart (Proverbs 17:22), and Boundaries (Proverbs 22:28)

## 1 Connect THROUGH PRAYER

### Prayer Prompt:

- Grab a 3X5 or 4X6 card, pen, & coloring utensils.
- With a pencil draw a line across your card that represents a shore line.
- Write out your prayer in the sand. Focus on areas where you may need to put boundaries in place.
- Color a beach scene with a sun rising over your prayer, think of a new beginning as you hand it over to The Lord.



## 2 Question YOUR THINKING

**If God sets boundaries, how important should boundaries be in our lives?**

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**What boundaries could you put in place in your life that would make you happier?**

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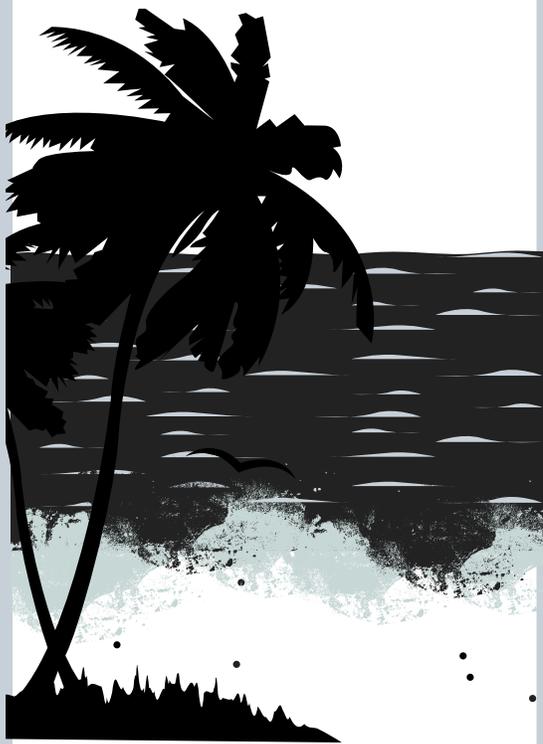


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③ Create WITH CONFIDENCE

< Boundaries >

I PLACED THE SAND AS A  
*Boundary*  
FOR THE SEA.



THOUGH THE WAVES TOSS  
THEY CANNOT PREVAIL

**Suggested Supplies:**

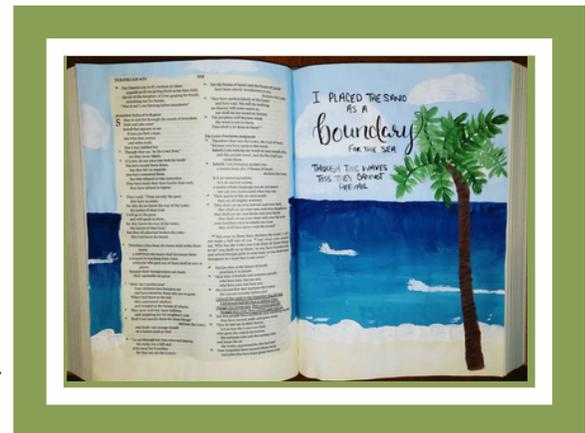
- Acrylic Paint
- Paint Brushes
- Brush pen

**Suggested Steps:**

- Start by painting the sky. Add in white puffs of clouds to add dimension to your page.
- A little below half down the page, using a dark blue paint the horizon. As you paint, slowly add white or other shades of blue to your brush to create an ombre effect.
- At the bottom of the page, paint the sand a soft brown.
- To act as waves crashing on the shore, use your brush or finger to dab white paint to make it look like sea foam.
- Add white lines in the water to look like waves.
- Use brown to paint a curved line up like a tree.
- To paint the leaves use pressure then lift your brush slightly as you come to the tip of the leaf. Repeat.

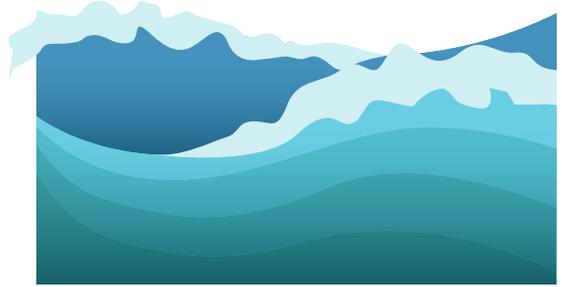
*Inspired Page*

Jeremiah 5:22 inspired this page. The idea of the sand being a boundary really made me think about the boundaries in my life and realize, if God sets boundaries even for the sea, then I should consider boundaries in my own life as significant



# Traceables | Lettering | Decoration

BEACH



Aa Bb Cc Dd Ee Ff Gg Hh Ii  
Jj Kk Ll Mm Nn Oo Pp Qq Rr Ss  
Tt Uu Vv Ww Xx Yy Zz